

# WI RIVER OUTINGS

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## Suggested Packing List for Kayak Rentals

**Kayaking is basically backpacking on the water. You're going for small and light. Eliminate anything you can live without as you'll have very little room for it anyway.**

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### Clothing

- Rain jacket and pants
- Sweatshirt, jacket or fleece
- Cotton, lightweight, long sleeve shirt – for sun protection
- Sunglasses
- Wrist watch
- Add gloves, stocking cap, long underwear for spring or fall trips
- Cap with sun visor or wide brim

### Cooking/Food

- 1 gallon of water for each person per day
- Stove w/fuel
- Pots/Pans/Measuring Cups/Potholders
- Utensils for cooking and eating
- Plates/bowls
- Food for meals on the river
- Aluminum foil, Paper towels, Extra zip lock bags
- Snacks
- Biodegradable soap, Dish towels, Spice kit
- Trash bags

### The Other Stuff

- Sleeping bag, sleeping mat
- Tent
- Flashlight or headlamp w/ fresh batteries
- Personal toilet articles and toilet paper
- Camp saw (a hatchet won't do you much good), Waterproof matches
- First Aid Kit w/ pain reliever, Afterbite, sunscreen and Chapstick
- Camera
- Paperback book
- Playing cards, Frisbee, sand toys

**The Wisconsin paddlesports leader.**



**We·no·nah** CANOE **Current Designs**